



Enhanced Recovery After Cardiac Surgery

Strasbourg
Center of Excellence
2026



Course Description

This course, led by **Prof. Dr. Kindo** (Head of the Cardiac Department) and his team from the University Hospital Strasbourg, aims to provide participants with theoretical and practical knowledge on implementing an **Enhanced Recovery After Cardiac Surgery (ERACS)** program after full sternotomy in their daily practice. The team provides customized training and guidance through peer-to-peer learning, featuring concise presentations on evidence-based clinical practices and hands-on bedside training.

To ensure a personalized experience, each course is tailored for a multidisciplinary team from a single center.

For the best implementation, we advise attending with a multidisciplinary team consisting of, but not limited to:

- Cardiac surgeon
- Cardiac anesthesiologist
- Nurse practitioner
- Intensivist
- Physiotherapist
- Perfusionist

Dates:

- 22-23, September 2026
- 13-14, October 2026
- 24-25, November 2026
- 8-12, December 2026

Location:

1 Pl. de l'Hôpital
67000 Strasbourg, France



Day 1

17:30 Welcome in the hospital with refreshments

18:00 Pre-operative ERACS path

19:00 Let's get ready for tomorrow!

20:00 Dinner

Day 2

7:40 Welcome in the hospital

7:45 ERACS tips and tricks - Operating Room

9:00 ERACS tips and tricks - Intensive Care Unit

10:30 ERACS tips and tricks - Cardiac Surgery Department

12:00 Lunch break with Q&A

13:00 ERACS tips and tricks - Coordinator Nurse

13:30 Early discharge with home hospitalization

14:00 Financial results and rationale for ERACS program

15:00 Conclusion and Q&A session

15:30 Closing remarks and wrap-up

The content of the course and the dates can be adapted on a case by case basis according to the needs of the participants.

Edwards, Edwards Lifesciences, and the stylized E logo are trademarks or service marks of Edwards Lifesciences Corporation or its affiliates. All other trademarks are the property of their respective owners.

© 2025 Edwards Lifesciences Corporation. All rights reserved. NP--EU-3003 v2.0

Edwards Lifesciences Sàrl • Route de l'Etraz 70, 1260 Nyon, Switzerland • edwards.com



Edwards