



Enhanced Recovery After Cardiac Surgery

Strasbourg ERACS -
Center of Excellence 2025



Strasbourg - ERACS course

This course, led by Prof. Dr. Kindo (Head of the Cardiac Department) and his team from the University Hospital Strasbourg, aims to provide participants with theoretical and practical knowledge on implementing an Enhanced Recovery After Cardiac Surgery (ERACS) program in their daily practice. The team provides customized training and guidance through peer-to-peer learning, featuring concise presentations on evidence-based clinical practices and hands-on bedside training.

To ensure a personalized experience, each course is tailored for a multidisciplinary team from a single center.

For the best implementation, we advise attending with a multidisciplinary team consisting of, but not limited to:

- Cardiac surgeon
- Cardiac anesthesiologist
- Nurse practitioner
- Intensivist
- Physiotherapist
- Perfusionist

Dates:

- April 3 – 4, 2025

Additional dates available upon request

Location:

1 Pl. de l'Hôpital
67000 Strasbourg, France



Day 1

17:30 Welcome in the hospital with refreshments

18:00 Pre-operative ERACS path

19:00 Let's get ready for tomorrow!

20:00 Dinner

Day 2

7:40 Welcome in the hospital

7:45 ERACS tips and tricks - Operating Room

9:00 ERACS tips and tricks - Intensive Care Unit

10:30 ERACS tips and tricks - Cardiac Surgery Department

12:00 Lunch break with Q&A

13:00 ERACS tips and tricks - Coordinator Nurse

13:30 Early discharge with home hospitalization

14:00 Financial results and rationale for ERACS program

15:00 Conclusion and Q&A session

15:30 Closing remarks and wrap-up

The content of the course and the dates can be adapted on a case by case basis according to the needs of the participants.

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