

# Long-Term Outcomes of the Ross Procedure Versus Bioprosthetic Versus Mechanical Aortic Valve Replacement: A Network Meta-Analysis



## Background / Study Objective

- The choice of the aortic valve substitute for young and middle-aged adults is still debated.
- This study aims to simultaneously compare the direct and indirect evidence of the clinical outcomes following Ross procedure, bioprosthetic aortic valve replacement (bAVR), and mechanical aortic valve replacement (mAVR).



## Methods

- After a systematic literature search, randomized clinical trials and propensity score matched studies comparing any combination of Ross procedure, bAVR, and mAVR were included.
- Twenty-five studies with a pooled sample size of 110,023 patients (Ross procedure, n=1,691; mAVR, n=54,811; bAVR, n=53,521) met the eligibility criteria.
- A frequentist network meta-analysis and a random-effects pairwise meta-analysis were performed.
- Primary end points were in-hospital mortality and all-cause mortality at last follow-up. Secondary end points were stroke or transient ischemic attack, bleeding, endocarditis, and reoperation.



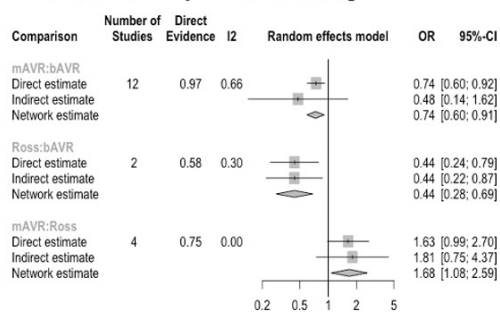
## Results 1

- Compared to conventional bioprostheses, the Perceval valve was associated with a significantly lower risk of atrial fibrillation (OR 0.51; 95% CI 0.32–0.82;  $P < 0.01$ ), whereas no evidence of difference was found when compared to the Intuity valve (OR 0.88; 95% CI 0.66–1.19;  $P = 0.41$ ).
- Regarding in-hospital mortality, stroke or transient ischemic attack, reexploration for bleeding, and acute kidney injury no evidence of difference was found between the three approaches.

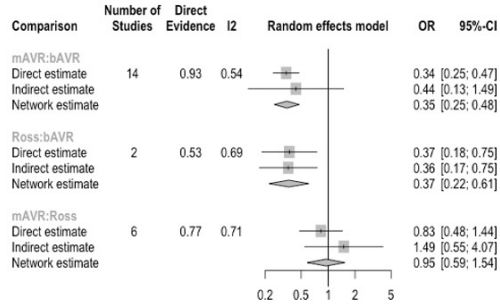


# Results 2

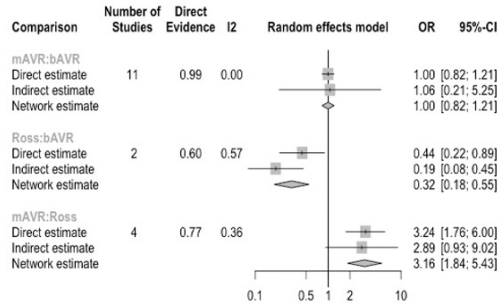
## All-cause mortality at last follow-up



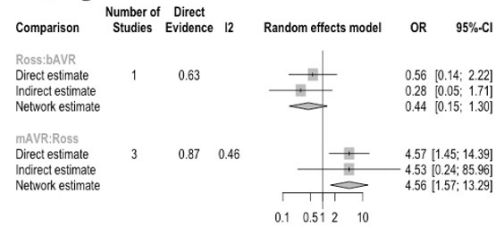
## Reoperation



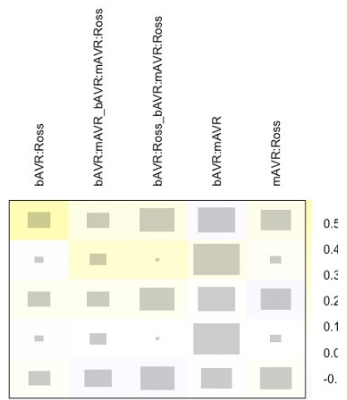
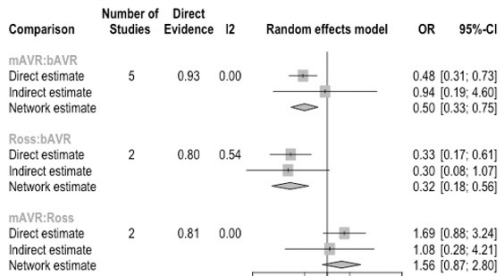
## Stroke or transient ischemic attack



## Bleeding



## Endocarditis



	P-score(fixed)	P-score (random)
<b>All-cause mortality at last follow-up</b>	Ross 0.9997	0.9948
	mAVR 0.5003	0.5042
	bAVR 0.0000	0.0010
<b>30-day mortality</b>	P-score(fixed)	P-score (random)
	Ross 0.8113	0.8113
	bAVR 0.6176	0.6176
	mAVR 0.0711	0.0711
<b>Reoperation</b>	P-score (fixed)	P-score (random)
	mAVR 0.98	0.7911
	Ross 0.52	0.7089
	bAVR 0.00	0.0000
<b>Stroke or transient ischemic attack</b>	P-score (fixed)	P-score (random)
	Ross 1.0000	1.0000
	mAVR 0.2557	0.2557
	bAVR 0.2443	0.2443
<b>Bleeding</b>	P-score(fixed)	P-score (random)
	Ross 0.9987	0.9643
	bAVR 0.0120	0.5341
	mAVR 0.4893	0.0017
<b>Endocarditis</b>	P-score(fixed)	P-score (random)
	Ross 0.9652	0.9652
	mAVR 0.5345	0.5345
	bAVR 0.0003	0.0003



## Conclusion

Our study shows that Ross procedure has a significantly lesser likelihood of long-term negative outcomes such as all-cause mortality at last follow-up, stroke or transient ischemic attack, bleeding, and reoperation compared to conventional aortic valve replacement.

